

Parkway School District Referral List Counseling Resources

The following referrals to outside agencies and professionals are provided as a courtesy and an aid to the Parkway community. They are only suggestive and representative of potential resources available in the area and are based on the referral agent's knowledge of local agencies and services which might appropriately address the needs presented. The Parkway School District and its employees do not sanction or endorse these or any community resources, however, nor assume any financial or other liability for services rendered by outside agencies or professionals. People seeking such services should independently investigate the details and merits before making a commitment to them. Additional referral sources and information may be obtained from people in the community and/or your child's pediatrician.

Name	Age Specialties	Specialties	Price/ Insurances Accepted	Phone	Website	Email
Rachael Livasy	Middle School, High School	suicide, self harm, school refusal, anxiety, depression, relationship issues, anger, trauma,	anthem, cigna, aetna	314-737-0020	www.lifeworkstl.com	rlivasy@lifeworkstl.com
Kent Newcome, LCSW	Elementary School, Middle School, High School, Family	General mental health practice		0 (636) 532-9188	www.slbmi.com	Kent.newcome@UHSINC.com
Tanya L Crews	Pre-K, Elementary School, Middle School, High School, Family	ADD/ADHD/ANXIETY/ AUTISM/ ADJUSTMENT/ CAPD/BEHAVIOR/SOCIAL SKILLS GROUPS	Private Pay	6367280510	N/A PSYCHOLOGY TODAY	tanyalcrewstri@me.com
Alexandria Boyer, LPC	Middle School, High School	Anxiety, Trauma	Private Pay	3143941171	www.foundationsforchange.net	acbenthall@yahoo.com

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Laurie Furman	Pre-K, Elementary School, Middle School, High School, Family	Anxiety, depression, behavioral issues, ADHD, grief/loss, attachment, abuse, family issues, parent-child conflict, PTSD, social skills	Private Pay	314-993-7616	Www.lauriefurman.com	Laurie@lauriefurman.com
Greg Rieger, LCSW	High School, Family	Suicidal thoughts and actions, self-harm thoughts and action, intense emotional dysregulation, family relations	Private Pay	314-737-0020	www.lifeworkstl.com	grieger@lifeworkstl.com
Kathleen Musca	High School	Depression, anxiety, life transitions, relationships	Private Pay	314-499-2994	Newleafstl.com	Kathleen@newleafstl.com
Kelly Bushur, PhD	Pre-K, Elementary School, Middle School, High School, Family	Anxiety, Depression, Gifted, ADHD, School Refusal		0 636-532-9188	SLBMI.com	Kelly.Bushur@uhsinc.com

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Karen Banks	Pre-K, Elementary School, Middle School, High School, Family	Anxiety, depression, cultural concerns, behavior problems	Sliding Scale	3144008211	www.TrinityWellnessStl.com	info@TrinityWellnessStl.com
Becky Pike	Elementary School, Middle School, High School, Family	I specialize in working with preteen and adolescent girls, women, and parents. I assist clients with issues	Private Pay	314-406-2450		becky.pike.lcsw@gmail.com
Karen Preusser	Elementary School, Middle School, High School, Family	anxiety, depression, adjustment disorders	Private Pay	636-256-0600	clarksoncounseling.com	karenpreusser@sbcglobal.net
Malinda Dale, Ph.D.	Pre-K, Elementary School, Middle School, High School, Family	testing and therapy	Private Pay	636 532 9188	slbmi.com	
Richard Orlando	Middle School, High School, Family	Adolescent depression, anxiety and family work.	Private Pay	314 909 8484	Associates in Behavioral Health.com	Rickorlandolpc@yahoo.com

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Stephanie Robertson	Elementary School, Middle School, High School, Family	Anxiety disorders, Trauma, Depression, Bipolar, Addiction, Bullying, Social Media addiction, Self-Esteem care, Boundary work, Grief,	Private Pay	3142528683	www.inspirechangelcounseling.org	inspirechangelstl@gmail.com
Joann Elliott	High School, Family	College and Career Counseling	Private Pay	314-384-3134	www.cct-stl.com	joann@cct-stl.com
Silvia Portolan	Middle School, High School	Emotion Dis-Regulation, addiction, personality disorders	Private Pay	636-236-7742	portolan-counseling.com	portolancounseling@gmail.com
Dr. Lena Pearlman	Pre-K, Elementary School, Middle School, High School, Family	Anxiety, Depression, Stress, Perfectionism, Relationships, & Other Mental Health Concerns	Private Pay	314-942-1147	STLmentalhealth.com	doctor@STLmentalhealth.com

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Rebecca Dougherty, LCSW	Pre-K, Elementary School, Middle School, High School, Family	All mental health issues - anxiety, depression, relationships, ADHD, stress, etc.	Private Pay	314-942-1147	STLmentalhealth.com	bryan@stlmentalhealth.com
Ari Holtz	High School	trauma, eating disorders, relationship issues, phase of life and existential issues, identity issues, LGBTQ issues, gender identity	Private Pay	636-256-0600	http://www.clarksoncounseling.com/holtz.html	holtz.a@gmail.com
Abbe Bassin	Elementary School, Middle School, High School	Anxiety, Depression, Self-esteem. LGBTQ, Eating disorders	Private Pay	314-571-4006	https://www.psychologytoday.com/us/therapists/abbe-l-bassin-ballwin-mo/172265?preview=1&return_to=https%3A%2F%2Fmember.psychologytoday.com%2Fus%2Fhome&ga=2.25249149.1707238	abbabassin@gmail.com
Kathleen Wessel	Pre-K, Elementary School, Middle School, High School	Autism spectrum disorder, other developmental disabilities	Private Pay	6362361733		0 pianokath@gmail.com

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Sparlin Mental Health (formerly known as STLCFD)	Middle School, High School	Mental health therapy	Private Pay	3145311155	www.sparlinmentalhealth.com	libby.wyatt@sparlinmentalhealth.com
Dan Weinstein	Middle School, Family	psychotherapy for anxiety, depression, adhd and associated difficulties, self-esteem, adjustment issues, relationship issues, testing and evaluations for adhd	Private Pay	13142778552	www.doctordanw.com	dan@doctordanw.com
Rachel Kalina	Elementary School, Middle School, High School, Family	Depression, Anxiety, ADHD, Gender Identity	Sliding Scale	314-414-3385	www.rachelkalinalcsw.com	rachel@rachelkalinalcsw.com
Kelsey Torgerson Dunn, MSW, LCSW	Pre-K, Elementary School, Middle School, High School	Anxiety, Trauma, Anger Management	Private Pay	3143397640	www.compassionatecounselingstl.com	kelsey@compassionatecounselingstl.com

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Whig Mullins	High School, Family	OVERCONTROL OF EMOTIONS	Sliding Scale	3144225114	OPENDBT.COM	wmullinslcsw@gmail.com
Megan Dooley Hussmann	High School	Couples, maternal mental health, girls, women, teachers, anxiety, depression, anxiety, grief and loss, stress, conflict, effective communication	Private Pay	(314) 384-5142	www.megandooley.com	meganhussmann@gmail.com
Susie Berg	Middle School, High School, Family	depression, anxiety, grief and loss, stress, conflict, effective communication	Private Pay	314-499-9144	soundmindtherapy.com	susie@soundmindtherapy.com
Amanda Peterson	Elementary School, Middle School, High School	OCD, anxiety disorders, panic, phobias, social anxiety, school and test anxiety	Private Pay	314-534-0200	www.slbmi.com	amanda.peterson@uhsinc.com

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Michael R Knobeloch, PsyD	Elementary School, Middle School, High School	anxiety, depression, AD/HD (testing and therapy), acting out behaviors		0 314-534-0200	https://www.slbmi.com/	michael.knobeloch@uhsinc.com
Sandra Carusa, PhD	High School	Anxiety Disorders- Social Anxiety Disorder, Obsessive Compulsive Disorder, Generalized Anxiety Disorder, Panic Disorder, Posttraumatic Stress Disorder	Private Pay	314-606-5360	N/A	drcarusa@gmail.com
Laura Fonseca	Pre-K, Elementary School, Middle School, High School	ADHD Anxiety Coping Skills Depression	Sliding Scale	314-596-2049	www.laurafonsecacounseling.com	laura@laurafonsecacounseling.com
Liz Schwarz	Pre-K, Elementary School, Middle School, High School, Family	Adjustment Disorder, Anger Management, Anxiety Disorders, Attention Deficit Disorders, Depression, Family Issues, Grief, OCD, ODD, School	Private Pay	314-406-7475	NA	easchwarz@att.net
Karen Hampton	Pre-K, Elementary School, Middle School	ADHD/LD, Anxiety, Depression, Eating disorders, Family therapy,		0 3144325036	karenhamptonphd.com	karenhamptonphd@yahoo.com

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Name	Age Specialties	Specialties	Price/ Insurances Accepted	Phone	Website	Email
Jillian O'Brien	Pre-K, Elementary School, Middle School, High School	Work with children and adolescents dealing with depression, anxiety, anger, and sexual identity issues.	Private Pay	314-275-0933	amanicounseling.com	amanicounseling.mo@gmail.com
Angie Hoffman	Pre-K, Elementary School, Middle	ADHD, Anxiety, parent/child relationships, depression, abuse,	Private Pay	314-302-9102	angiehoffmanlpc.com	angiehoffmanlpc@sbcglobal.net
Lelia Flagg	Middle School, High School	Adolescent development	Sliding Scale	314-474-9250	N/A	lelia3flagg@gmail.com

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Megan Hussmann	High School, Family	Anxiety, depression, couples therapy, working with educators	Private Pay	909-636-6986	https://megandooley.com/	meganhussmann@gmail.com
Ernie L Brawner	Family	Marriage and Family, Parenting, Marital and Couple counseling	Private Pay	3144346009		0 erniebrawner@msn.com
Krista Mertz	Middle School, High School	Anxiety, Trauma and PTSD, Depression, Stress, Relational	Private Pay	314-399-9032	inspirechangecounseling.com	krista.inspirechangestl@gmail.com
Sam Kramer	High School	OCD and anxiety disorders	Private Pay	636-532-9188	https://www.slbmi.com/	sam.kramer@uhsinc.com
Kathleen Musca	High School	Anxiety, Depression, Relationships	Private Pay	314-499-2994	NewleafSTL.com	Kathleen@newleafstl.com

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Camille Randall	Elementary School, Middle School, High School, Family	Anxiety, depression, perfectionism, intrusive thought OCD, school adjustment, peer problems, executive functioning, family communication, HFA	Private Pay	636.532.9188	www.slbmi.com	camille.randall@uhsinc.com
Karen Hampton	Elementary School, Middle School, High School, Family	Counseling / Therapy, Psychological evaluations, Group therapy	Private Pay	314-432-5036	karenhamptonphd.com	karenhamptonphd@yahoo.com
Kathleen Wessel	Pre-K, Elementary School, Middle School, High School	Autism and other developmental disabilities	Private Pay	6362361733		0 pianokath@gmail.com
Diane M. Prost, NCC, LPC	Elementary School, Middle School, High School, Family	OCD, Anxiety Disorders, Depression	Private Pay	314-640-1530	www.prostcounseling.com	diane@prostcounseling.com